

## **EXERCISE ROOM RULES**

Available 5:00AM to 11:00PM

- 1. Equipment in the Exercise Room must be cleaned off after use.
- 2. Please limit your time on each piece of equipment to 30 minutes
- 3. Children under 14 years of age are not allowed in the exercise room.
- 4. Appropriate fitness attire required.
- 5. Only rubber sole athletic shoes to be worn in exercise room.
- 6. Responsible adult must, directly supervise children less than 18 years using the exercise room.

## NO SWIMSUITS NO SMOKING